

# Metropolitan Marriage & Family Therapy, PLLC

## Psychotherapy for Relationship Success

### You CAN Create a Satisfying & Successful Relationship with Your Partner!



**EMMA K. VIGLUCCI, CFT, LMFT, CIT**  
Marriage and Family Therapist, Writer and Speaker  
Relationship Expert

Emma's approach and philosophy are a propelling force behind our booming practice! Emma worked in the Mental Health field in different settings and capacities for over a decade before founding Metropolitan Wellness Services, Inc. in 2000 and recently Metropolitan Marriage & Family, PLLC. Her belief that **the Couple is very significant and instrumental in our lives** is the reason for our specialization in working with couples:

#### Assisting Couples Succeed at their Relationship!

#### Emma's Personality and Speaking Style

Emma is a highly energetic, warm, and dynamic person who is driven to assist others **experience the love and synergy in their relationship and create a satisfying and successful partnership**. She engages her audiences by providing useful frameworks and tons of tips and resources in a didactic and interactive style that promotes hope. Her presentations are experiential, inspirational and motivational.

The presentations are customized to meet the audience's needs and captivate its participants.

### BOOK EMMA FOR YOUR NEXT EVENT!

Share Emma's Approach to Couple Satisfaction and Success with her presentation:

### Relationship Skills 101: Overcoming Relationship Impasses & Creating Intimacy

Are you aware that there is untapped synergy and resources within your relationship?

Did you know that concerns in your relationship are an indicator of lack of relationship skills and management?

Do you wish you had a relationship guide to help you navigate your interactions and create a satisfying relationship?

Relationships are difficult and having a satisfying one takes work and effort. As we are not usually taught or have great role models in the ways of relationships, this task becomes daunting. Emma assists couples:

**"Get on the Same Page & Create a Satisfying Relationship."**

In this powerful workshop, participants will learn:

- ♥ A new and profound perspective on relationships
- ♥ The 3 Hidden Relationship Treasures
- ♥ How they get stuck in their relating
- ♥ How to break their dissatisfying cycle
- ♥ How to meet each other's needs
- ♥ 5 Steps to Communication and Conflict Resolution
- ♥ 10 Key Relationship Tips & Tools

**Book Emma Today!! Contact her at: 888-880-9055**

#### Some Benefits of Working with Emma and her Clinical Team in Couples Therapy:

Stop Arguing  
Feel Heard and Connect More Deeply  
Get Needs Met  
Work as a Team  
Get Goals Accomplished  
Feel Peaceful, Happy and Loved!

#### TO BOOK EMMA FOR YOUR NEXT EVENT CONTACT HER AT:

888-880-9055 or [emma@metrorelationship.com](mailto:emma@metrorelationship.com)

Visit us online!!

<http://www.metrorelationship.com/speaking/current-speaking/>

#### Additional Resources for Couple Success

Recommended Books

Free eZine: Successful Couples™

Quizzes, Top 10s and Relationship Tips

And much more! At: [www.metrorelationship.com](http://www.metrorelationship.com)