

# Metropolitan Marriage & Family Therapy, PLLC

**Succeed at Your Relationship and Your Life!**

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## Biography, History and Mission

Emma K. Viglucci, CFT, LMFT, CIT started her own psychotherapy practice founding Metropolitan Wellness Services, Inc. in 2000 in an effort to provide Mental Health Services to high functioning clients from a positive and strength focused approach. It catered to persons wishing to enhance their life and relationships without the stigma associated with "going for therapy".

Ms. Viglucci has a Bachelor of Science Degree in Psychology and Human Development, from the State University of New York at Stony Brook, and a Masters Degree in Marriage and Family Therapy, from Hofstra University, is a Clinical Member and Approved Supervisor of AAMFT (American Association for Marriage and Family Therapy), is a Certified Family Therapist, a Licensed Marriage and Family Therapist, and a Certified Imago Therapist. Ms. Viglucci has been in the mental health service field for over a decade in diverse capacities and has been a member of several professional organizations. Ms. Viglucci is the creator of the MetroRelationship™ philosophy (previously known as MetroWellnez™). She continues to write the monthly e-newsletter "*Successful Couples™*", launched in February 2001.

As the practice grew and Ms. Viglucci continued her professional growth and clinical development, she expanded her practice to include Clinical Supervision with the intention of assisting up-and-coming therapists develop clinical skills and professional growth including establishing a sound clinical practice. Later, Ms. Viglucci decided to expand the practice further by creating and developing a Clinical Team enabling the practice to service more clients. From 2006 - 2008, Ms. Viglucci's husband, Peter J. Viglucci, joined the practice to share his techno genius creating automated internal administrative and communication systems as well as revamping the practice's website and managing its online presence. He remains our techno guru on an as needed basis. In 2007, due to MFT licensing laws, the practice was moved to operate under our current name, Metropolitan Marriage & Family Therapy, PLLC (Metropolitan MFT or MMFT for short), and Metropolitan Wellness Services, Inc. remained as a Practice Management entity until 2009. MMFT continues to thrive and has now additional staff to support its growth and expansion.

Metropolitan Marriage & Family Therapy, PLLC (Metropolitan MFT, MMFT) and its staff are known for their professionalism, quality services, and respectful attitude towards their clients. We thrive in creating a warm and caring environment that is witnessed by all we come in contact with. We want to especially make this obvious to our clients and make them feel at home. We want our clients to know they are part of something magnificent and have found a second family in us. We diligently work at formulating systems that support this vision and at conducting ourselves in a genuine giving and caring manner. Our aim is to become a household name for servicing clients, especially couples. We want to assist couples to succeed at their relationship.

We look forward to being of service to you and having you join our family!

Thank you for letting us be a part of your journey!!